



# Keep yourself going for the long haul

Your house, your car, and your tools need maintenance as they age.

**So do you.**

Colon screening is an important part of staying healthy as you get older.

## Men ages 45 - 75: it's time to get colon screening.

Colorectal cancer (CRC) is the second leading cause of cancer deaths in the US, but you can prevent it with regular screening.

### The nuts and bolts of CRC screening



There are 3 types of screening tests for CRC. Talk to your provider about which one is best for you.

#### At home stool tests



**FIT & FOBT**  
Repeat every  
year



**Cologuard**  
Repeat every  
3 years



**Colonoscopy**  
Repeat every  
10 years

## Make an appointment today



- |              |              |                            |
|--------------|--------------|----------------------------|
| ◆ Buckner    | 816-249-1521 | 324 S. Hudson              |
| ◆ Carrollton | 877-344-3572 | 300 E. 9th St.             |
| ◆ Concordia  | 660-463-0234 | 206 N. Bismark             |
| ◆ Lexington  | 660-251-6440 | 811 A. S. Business Hwy. 13 |
| ◆ Waverly    | 660-493-2262 | 608 Missouri St.           |

